

Mind-Body-Spirit Connections, LLC, Policies

Background and Training

I have been practicing Reiki since 2000 and teaching Reiki since 2008. I trained in Reiki with Masters in South Carolina and I am a Registered Reiki Practitioner and Teacher (RMT) with the International Association of Reiki Professionals. I also offer intuitive counseling and visualization/meditation services. I specialize in working with people of all ages who want to use our treatment sessions for general wellness and stress reduction as well as for specific tension or pain problems.

I perform services for which I am qualified (professionally, physically, and emotionally) and able to do, and refer to appropriate specialists when work is not within my scope of practice or not in the client's best interest.

I respect all clients regardless of their age, gender, race, national origin, sexual orientation, religion, socioeconomic status, body type, political affiliation, and state of health. In addition, I subscribe to the IARP Code of Ethics (available by request).

Note:

- I reserve the right to refrain from working on a person who is under the influence of alcohol or drugs.
- Sexual harassment is not tolerated. If the practitioner's safety feels compromised, the session is stopped immediately.

Initial Session

Our first session begins with a brief interview and client intake forms. You are asked a series of questions so that I may plan the most beneficial session or series of sessions for your needs. I customize my treatment to meet each client's needs. I keep accurate records and review changes before each session. Please keep in mind that privacy and confidentiality are maintained at all times.

Client / Practitioner Expectations

A Reiki session is typically performed on a massage table, and you are always fully clothed. A Reiki session usually starts with you lying face up, resting comfortably. I will complete the standard Reiki hand positions. If you indicate in the interview or at any time during the session that you want me to pay attention to a particular injury or issue, I will also concentrate on that area during the session.

For a regular stress-reduction session, the head and torso are worked on first, followed by the back and the feet. Clients can ask for different parts of the body to be worked on, or not worked on, and are encouraged to discuss this with me.

During the session, clients are encouraged to relax and inform me if anything makes them uncomfortable, either physically or psychologically. Please feel free to talk to me regarding feedback during the session. I often will talk with you before or after, usually not during as I

want you to relax fully during the session. If something feels uncomfortable during the session however, please speak up immediately; I want to know as soon as possible.

Appointment Policies

- Each session is approximately 60 minutes long.
- The first appointment, which includes a history and assessment, lasts approximately 75 to 90 minutes.
- If you are late for a treatment session, the session still falls within the 60-minute allotted time slot.
- If I am late, the session lasts the full 60 minutes or the treatment rate is discounted.
- If you want to cancel an appointment, you must do so 24 hours in advance, or you are charged for the full amount of the session unless the appointment can be filled. Someone answers the telephone from 9:00 a.m. until 4:00 p.m., but if you get voicemail, please leave a message. Emergency cancellations will not be charged for, at my discretion. If I (the practitioner) need to cancel, I do so within 24 hours whenever possible. If I cannot do so, your next session is at a reduced or no charge.

Fees

If during the initial assessment, I determine with reasonable certainty that my work will not help you, we end the session at that time and you are not charged for the initial appointment.

Reiki sessions are \$75.00 for an hour. For half-hour appointments, the charge is \$40.00 and for a 1 ½ hour session, the charge is \$125.00.

Payment is due at the time of service unless other arrangements have been made prior to treatment. I accept cash, local checks, and credit cards. If your check or charge is returned for non-sufficient funds, you are responsible for paying the full amount of the check plus \$35.00 (cash only). I do not bill clients or provide direct billing for insurance.

Individuals who have financial constraints are welcome to discuss this with me to see what can be worked out, such as a sliding fee scale or referral to our monthly clinic.

Recourse Policy

If you are dissatisfied with your Reiki session, please discuss your concerns with me so we can determine the best approach for recourse (for example, a refund or complimentary treatment).